

Menu Week 1

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Wholegrain toast - Oranges	Apple and pears, milk and water.	- Tuna and sweetcorn pasta bake. - Fromage frais	Rice Cake, milk and water.	- Pulled roast chicken topped homemade wedges served with gravy and optional stuffing. - Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. - Plums	Pineapple and kiwi, milk and water.	-Cheese and onion pie and beans. - Fruit yogurt bark.	Carrot and Cucumber Sticks, milk and water.	- Crumpets with soft cheese -Grapes
Wednesday	-Selection of cereals. -White toast - Kiwi	Pears and apple , milk and water.	-Keema curry and rice with hidden vegetables. - Melon sticks	Crackers, milk and water.	-Tomato soup and fresh bread. - Oranges
Thursday	-Selection of cereals. -Toast or crumpets. - Pineapple	Bananas and plums, milk and water.	- Roast chicken dinner with mash, peas and carrots. - Flapjack	Pepper and tomato sticks, milk and water.	- Carrot and swede waffles with pitta bread and hoummos. - Melon
Friday	-Selection of cereals. -Wholegrain toast - Grapes	Apples and kiwi, milk and water.	- Lasagna served with garlic bread and hidden vegetables. - Shortbread fingers	Breadsticks, milk and water.	Cheese or Ham sandwiches. Bananas

Menu Week 2

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apple and pears, milk and water.	-Pork Penne pasta with grated cheese. - Yogurt	Rice Cake, milk and water.	Beans on toast Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pineapple and kiwi, milk and water.	- Chilli and brown rice - Banana bread	Carrot and Cucumber Sticks, milk and water.	Buttered bagels Grapes
Wednesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pears and aples , milk and water.	Fish pie and peas - Trifle	Crackers, milk and water.	Cream cheese sandwiches and cucumber sticks. Orange
Thursday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Bananas and plums, milk and water.	- Lemon chicken served with rice and corn. - Melon sticks	Pepper and tomato sticks, milk and water.	Creamy tomato pasta bake Kiwi
Friday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apples and kiwi, milk and water.	-All day breakfast - Cookies	Breadsticks, milk and water.	Garlic bread topped with fresh tomato and cheese. Bananas

Menu Week 3

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apple and pears, milk and water.	- Spag bol with hidden mushrooms. - Fromage Frais	Rice Cake, milk and water.	- Toasted fruit loaf. -Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pineapple and kiwi, milk and water.	- Sweet and sour chicken with hidden vegetables and noodles. - Rice pudding	Carrot and Cucumber Sticks, milk and water.	- Fish finger sandwiches. -Grapes
Wednesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pears and apples, milk and water.	- Risotto of the month - Fruit bark.	Crackers, milk and water.	- Minced beef hash with vegetables, potatoes and dumplings. -Oranges
Thursday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Bananas and plums, milk and water.	- Roast chicken with mash, broccoli and gravy. - Pineapple sticks	Pepper and tomato sticks, milk and water.	- Graze board with ham, chicken, cheese, crackers, cucumber and carrot sticks. -Melon
Friday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apples and kiwi, milk and water.	- Campfire Stew - Fairy bun	Breadsticks, milk and water.	- Pizza feast -Bananas

Menu Week 4

Milk and water served throughout the day.

	Breakfast (8-8.30)	Snack	Lunch (11am)	Snack	Teatime Snack (3pm)
Monday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apple and pears, milk and water.	- Salmon and broccoli pasta - Fromage frais	Rice Cake, milk and water.	- Chicken strips, pitta bread, dips and vegetable sticks -Pineapple
Tuesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pineapple and kiwi, milk and water.	- Sausage, mash and peas. - Fruit Weetabix cheesecake	Carrot and Cucumber Sticks, milk and water.	- Spaghetti hoops with bread and butter -Grapes
Wednesday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Pears and apples , milk and water.	- Mushroom risotto - Bananas and custard	Crackers, milk and water.	- Burger loaded fries topped with mince, cherry tomatoes, diced gherkins, cheese and a sour cream dip. -Oranges
Thursday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Bananas and plums, milk and water.	- Cottage pie with mixed vegetables. - Apple crumble.	Pepper and tomato sticks, milk and water.	- Cauliflower hidden mac and cheese. -Melon
Friday	-Selection of cereals. -Toast or crumpets. -Fresh fruit	Apples and kiwi, milk and water.	- Blended Mixed bean chilli with rice and nachos - Pineapple upside down cake	Breadsticks, milk and water.	- A selection of cheese on toast topped with ham and tomatoes. -Bananas